

## SALLISAW PUBLIC SCHOOLS

## Eastside Elementary School

Breakfast and Lunch Menu

October 2024



Alternate Cereal, Oatmeal Breakfa	& Yogurt Bar available for ist Dailv		Breakfast and Lunch Serv	ed with variety milk choice
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sallisaw Public Schools		
		is proud to announce	6	
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		that all sites will eat	1	6 67
		FREE for the 2024-		
The same of the same of		2025 School Year.		
30	1	2	3	4
Sausage and Cheese Biscuit	Waffles	Strawberry Yogurt Parfait	French Toast	Biscuits and Gravy
Fruit	Fruit	Fruit	Fruit	Friut
Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk
Breaded Chicken				
Sandwich	Taco Soup	Meatballs	Chicken Pot Pie	Cheesy Breadstick
Pork n Beans	China and Calas	Mashed Potatoes & Gravy	WG Biscuit	Marinara Sauce
	Chips and Salsa	<i>'</i>		
Potato Wedges	Fresh Fruit and Vegetable Bar	Green Beans	Seasoned Carrots	Cesar Salad
Fresh Fruit and Vegetable Bar	Milk	WG Hot Roll	Fresh Fruit and Vegetable Bar	Fresh Fruit and Vegetable Bo
Cookie		Fresh Fruit and Vegetable Bar	Milk	Blueberry Crisp
Milk		Milk		Milk
Eastside Lunchable	SAME	Chicken Nuggets/Veggie	SAME	Pizza/Veggie
7	8	9	10	11
Ham and Cheese Biscuit	Pancakes and Sausage	Oatmeal and Toast	Breakfast Nachos	
Fruit	Fruit	Fruit	Fruit	
Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	
Juice, Milk	Juice, Milk	Juice, Milk	Juice, Mirk	
Pigs in a Blanket	Chicken Taco	Chicken Chunks	Chili Cheese Fries	
Hansy Mustand on DDO Sayon	Refried Beans	Machael Datatage & Grave	Sweet Corn	NO.
Honey Mustard or BBQ Sauce	· ·	Mashed Potatoes & Gravy		
Roasted Veggies	Chips and Salsa	Steamed Carrots	Crackers	STADO
Fresh Fruit and Vegetable Bar	Fresh Fruit and Vegetable Bar	WG Hot Roll	Fresh Fruit and Vegetable Bar	
Cookie	Milk	Fresh Fruit and Vegetable Bar	Milk	
Milk	6.445	Milk	CAME	
Eastside Lunchable	SAME	Chicken Nuggets/Veggie	SAME	40
14	15	16	17	18
Sausage,Egg & Cheese Muffin	Pancake on a Stick	Breakfast Pizza		
Fruit	Fruit	Fruit	PROFESSIONAL DAY	
Juice, Milk	Juice, Milk	Juice, Milk		,
Hamburger	Chicken Enchilada	Chicken and Waffles		
-	Soup			Soveal 8
Lettuce, Tomato and Pickle	Spanish Rice	Strawberries		
Curly Fries	Chips and Salsa	Potato Smiles	E ab . I	CON TO THE
Fresh Fruit and Vegetable Bar	Fresh Fruit and Vegetable Bar	Fresh Fruit and Vegetable Bar	- Culou	School
Cookie	Milk	Milk		
Milk				~ \
Eastside Lunchable	SAME	Chicken Nuggets/Veggie		
21	22	23	24	25
	Yogurt and Cinnamon Toast	Breakfast Boat	Donut	Biscuits and Gravy
	Fruit	Fruit	Fruit	Fruit
	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk
	Indian Taco	Salisbury Steak	Orange Chicken	Pizza Rippers
Dreak &	Pinto Beans		Ramen Noodles	
		Mashed Potatoes & Gravy		Marinara Sauce
STATE OF THE PROPERTY OF THE P	Chips and Salsa	Green Beans	Steamed Broccoli	Spaghetti Salad
School	Fresh Fruit and Vegetable Bar	WG Hot Roll	Fresh Fruit and Vegetable Bar	Fresh Fruit and Vegetable Bo
	Milk	Fresh Fruit and Vegetable Bar	Fortune Cookie	Chocolate Pudding
		M:IIz	Milk	Milk
~ ~ ~ ~		Milk	******	
~ ~ ~ ~	SAME	Chicken Nuggets/Veggie t to Change According to Produ	SAME	Pizza/Veggie